

# Aftercare Guide

## Thank you for choosing Xtreme Lashes® Eyelash Extensions!

Enjoy your beautiful new Xtreme Lashes® Eyelash Extensions with little need to adjust your lifestyle. Proper care and maintenance of your new lashes will ensure beautiful and long-lasting results!

### During the first 48 hours

It takes 48 hours for the adhesive to cure (dry) thoroughly and yield a strong, durable bond. During this time, the adhesive bond is vulnerable to moisture, steam, excessive heat, cosmetic ingredients coming into contact with the adhesive bond, and friction from rubbing and cleansing.

The following activities will result in a weaker bond, premature eyelash extension loss and/or irritation, and therefore should be avoided during the first 48 hours:

- Showering or wetting your eyelashes.
- Exposure to heat, steam, sauna and friction.
- Application of eye and eyelash cosmetics.
- Sleeping on side or stomach.
- Receiving chemical treatments, such as eyelash tinting or perming.
- Receiving irritating eye-area treatments, such as strong chemical peels, skin-resurfacing procedures, eyebrow waxing or laser treatments.

### After the first 48 hours

After the first 48 hours, although the adhesive has fully cured, persistent exposure to moisture, steam, heat, incompatible cosmetics, and friction from rubbing and cleansing may impact the durability of the adhesive bond.

The following activities will weaken the adhesive bond and result in premature eyelash extension loss, and therefore should be avoided:

- Excessive exposure to heat, steam, sauna and friction.
- Use of oil-based eye care products on or near your eyelashes, such as eye creams, eye serums, Vaseline® and cleansers.
- Use of waterproof cosmetic products on or near the lashes, including waterproof mascara and eyeliner.
- Excessive mascara application.
- Use of mechanical curlers.
- Picking or pulling on your eyelashes.
- Excessively rubbing your eyes.

### Proper care and maintenance

- Cleanse your eyelashes and your eyelids daily to maintain healthy and beautiful lashes and lash follicles. Use Xtreme Eye Makeup Remover and Facial Cleanser™ and Lint-Free Xtreme Applicators™ to gently remove eye makeup and mascara.



- Lint-Free Xtreme Applicators™ are highly absorbent, yet release liquids easily and gently to remove mascara and eyeliner from your eyelashes without excessive friction that would weaken the bond. Because they are lint-free, no fibers will lodge between your eyelash extensions and your natural eyelashes, as may occur with cotton balls, cotton swabs or tissues.

- Groom your eyelashes daily using the Xtreme Lashes® Deluxe Retractable Lash Styling Wand to style your Xtreme Lashes® Eyelash Extensions into place.



- Use Xtreme Lashes® GlideLiner™ Long Lasting Eye Pencils and Xtreme Lashes Mascaras, developed specifically to be compatible with Xtreme Lashes

Eyelash Extensions.

Although mascara is not necessary, Xtreme Lashes Mascaras can be used sparingly, on the tips of your eyelash extensions only, to achieve an even more dramatic look. You may also use Xtreme Lashes Mascaras on your lower eyelashes.



- An Xtreme Heated Eyelash Curler™ can be used sparingly to help shape and curl the TIPS of the X30™ eyelash extensions only. (Do not use the heated eyelash curler on X40™ eyelash extensions.)
- Apply Xtreme Protective Coating™ to your eyelashes once or twice per week to preserve the look and extend the life of your Xtreme Lashes® Eyelash Extensions.



### Your Next Appointment:

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Notes: \_\_\_\_\_